



www.toastmasters.org

Shanghai Yu-life Toastmasters Club

Meeting No. 490th Date: July 7th, 2024

Theme: Secret of Speech



Yu-life Slogan:

Discover potential, shape ourselves

Yulife Toastmasters Club
A president's distinguished club since 2012.
Discover potential. Shape ourselves.



演讲的秘密

郁文欣
特邀分享

内容预告

- ✓ 演讲技巧分享
- ✓ 演讲的舞台感
- ✓ 演讲的故事性
- ✓ 演讲的内心戏

导师介绍

2024年头马中文演讲比赛大区第三名
2023年头马中文演讲比赛大区第二名
2022年头马中文演讲比赛中区第一名
上海闵行区定都演讲和演讲比赛一等奖
闵行区演讲和演讲比赛二等奖



Peter Yu

DATE: 2024/7/7 9:50-12:00

Address: Wanyou Xinglu Book Store, SF, Youyi Department Store, 7250 Humin Rd
沪闵路7250号发道商城5楼万有书场空间
Direction: Lianhua Rd, Line1

Yulife & CAAS members
¥10/Students
¥20/TM Members from other clubs
¥20/Guests
Please Contact YPM for any questions!



Entrance Fee:

- ¥0 /Yu-life & CAAS members
- ¥10/Students
- ¥20/TM members from other's club
- ¥30/Guests (Role taker excluded)



山南水北(**同)

Meeting Taboos:

- Sex
- Politics
- Religion
- Low-Taste

Meeting Etiquettes:

- No walking in/out
- Cell phone in silent mode
- Encourage everyone to bring their own cups and we will serve hot water.

Word of the day: Grandiose

Explanation: It is bigger or more elaborate than necessary. 华而不实的 [表不满]

Time	Session	Duration			Role	Name	Edu. title
		Green	Yellow	Red			
Opening(10') 09:45-09:55							
09:45	SAA Opening & Warm up	5'	6'	7'	SAA	Ning Li	PM1@ 书友之家
09:52	President Opening	1'	2''	3'	President	Lisa Liu	PM5
Session 1: Introduction of agenda and evaluation team (15') 09:56-10:10							
09:56	Introduction of Agenda	1'	2'	3'	TMD	Carol Li	PM1
10:00	GE Intro	2'	2'30''	3'	GE	Lao Xie	PM5, MS5
10:03	Timer Intro	1'	1'30''	2'	Timer	Alex Lee	EH1 @ HaloPsy
10:05	Ah-counter Intro	1'	1'30''	2'	Ah-Counter	Jason	TM
10:08	Grammarians Intro	2'	2'30'	3''	Grammarians	Stephanie	TM
Session 2: Sharing (40') 10:11-10:51							
10:11	《演讲的秘密》	20'	30'	40'	Sharing Master	Peter Yu	PM4
Session 3: Guests Introduction & Break (10') 10:51-11:02							
10:51	Guests Introduction	3'	4'	5'	VPM	Stephanie	TM
10:57	Break	3'	4'	5'	Timer	Alex Lee	EH1 @ HaloPsy
Session 4: Prepared Speech (30') 11:02-11:36							
11:02	#1. Interview of my DBA application	5'	6'	7'	Speaker 1	Wu Zhong	DL2
11:10	#2. Fabric and clothes	5'	6'	7'	Speaker 2	Yolanda	PM2
11:18	#3. My mentor, my mom	5'	6'	7'	Speaker 3	Mabel	PM2
11:26	Speech Evaluation 1	2'	2'30''	3'	IE 1	Vikki Zhu	TM
11:30	Speech Evaluation 2	2'	2'30''	3'	IE 2	Jasmine	PM2
11:33	Speech Evaluation 3	2'	2'30''	3'	IE 3	Emma Yan	PM2
Session 5: General Evaluation (18') 11:36-11:52							
11:36	Grammarians Report	1'	2'	3'	Grammarians	Stephanie	TM
11:39	Ah-counter's Report	1'	1'30''	2'	Ah-counter	Jason	TM
11:42	Timer's Report	1'	1'30''	2'	Timer	Alex Lee	EH1 @ HaloPsy
11:44	GE's report	6'	7'	8'	GE	Lao Xie	PM5, MS5
Session 6: Voting & Ending (10') 11:52-11:12:00							
11:52	Voting & Summary	3'	4'	5'	TMD	Carol Li	PM1
11:57	Announcement & Ending	1'	2'	3'	President	Lisa Liu	PM5

Thanks photographer Helen for leaving us wonderful moments 😊

Helen says: Never stop improving!



www.toastmasters.org

Shanghai Yu-life Toastmasters Club

Meeting No. 490th Date: July 7th, 2024

Theme: Secret of Speech

Speech Objectives:

Wu Zhong	DL2	To have a role play of the interview for work or study scenario with 5-7 minutes time period
Yolanda	PM2	to introduce or review basic presentation software strategies for creating and using slides to support or enhance a speech.
Mabel	PM2	To clearly define how Toastmasters envisions mentoring

Time Rules	Green	Yellow	Red	Bell
TT Speaker, GE/Timer/Ah-counter/Grammarian Intro, IE etc. (for any session ≤3mins)	1 min left	30 secs left	Time out	Extra 30 secs after red card
Prepared Speech, Sharing Master, TTM, TTE/GE report etc. (for any session >3mins)	2 mins left	1 min left	Time out	Extra 30 secs after red card

How to join Yu-life TMC Club?

- Attend meeting for 3 times.
- Deliver at least 1 Table Topic speech.
- Contact our VPM for application.
- Deliver 1 min entrance speech and pass the club vote.

Contact our VPM



When and Where to meet us?

Time: 9:45-12:00, Sunday, July 7th.

Special attention! New address below

Add: 沪闵路7250号友谊商城5楼万有幸福空间

Club Officers Team 2024 H1

Officer Title	Name
President	Lisa Liu
Vice President Education	Emma Yan
Vice President Membership	Stephanie Zhang
Vice President Public Relations	Maggie Chen
Secretary	Selina Pan
Treasurer	Francis Ji
Sergeant At Arms	Yolanda Li
Key guide	Lao Xie

11 specialized learning Paths and 5 core competencies

Five Core Competencies



There are more than 300 unique sub-competencies in Pathways that build on the five above.

11 Specialized Learning Paths

After taking an online assessment, you will be guided to the ideal path, based on your current goals. There are at least 14 projects in each path.



Thanks photographer Helen for leaving us wonderful moments 😊