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# Shanghai Yu-life Toastmasters Club

Meeting No. 493 Date: July 28th, 2024

## Theme: Speech Marathon



### Yu-life Slogan:

Discover potential, shape ourselves

**Yulife Toastmasters Club**  
A president's distinguished club since 2012

493rd meeting

28th July Speech Marathon

Discover potential, Shape ourselves.

**Time/Date:** 9:40-12:00, every Sunday  
**Address:** Wanyou Xingfu Book Store, 5F, Youyi Department Store, 7250 Humin Rd  
山南水北250号 友宜书店 5楼 500000

**Fee:** ¥0/TM & CAAS members  
¥10/Students  
¥20/TM Members from other clubs  
¥30/Guests

**Contact:** [QR Code]

### Entrance Fee:

- ¥ 0 /Yu-life & CAAS members
  - ¥ 10/Students
  - ¥ 20/TM members from other's club
  - ¥ 30/Guests
- (Role taker excluded)



山南水北(\*\*同)

### Meeting Taboos:

- Sex
- Politics
- Religion
- Low-Taste

### Meeting Etiquettes:

- No walking in/out
- Cell phone in silent mode
- Encourage everyone to bring their own cups and we will serve hot water.

### Word of the day: resilient

Exam: He'll get over it — young people are amazingly resilient.

Time	Session	Duration			Role	Name	Edu. title
		Green	Yellow	Red			
<b>Opening(10') 09:40-09:50</b>							
09:40	Warm up <sup>2</sup> + SAA Opening 5'	5'	6'	7'	SAA	Stephanie	TM
09:47	President Opening	1'	2''	3'	President	Lisa Liu	PM5
<b>Session 1: Introduction of agenda and evaluation team (12') 09:50-10:02</b>							
09:50	Introduction of Agenda	1'	2'	3'	TMD	Joker	PM3
09:53	GE Intro	1'	1'30''	2'	GE	Peter	PM4
09:55	Timer Intro	1'	1'30''	2'	Timer	Lisa	PM5
<b>Session 2: Prepared Speech Part I. (52') 09:58-10:43</b>							
09:58	#1. My mentor	5'	6'	7'	Speaker 1	Carol Li	PM1
10:05	#2. Mummy, where are you going to?	10'	11'	12'	Speaker 2	Maggie	PM5
10:18	#3. The Tides of My Life	5'	6'	7'	Speaker 3	Selina	TM
10:25	#4. Acknowledgement of MCIPS	2'	3'	4'	Speaker 4	Wu Zhong	DL2
10:29	Speech Evaluation 1	2'	2'30''	3'	IE 1	Maggie	PM5
10:33	Speech Evaluation 2	2'	2'30''	3'	IE 2	Wu Zhong	DL2
10:36	Speech Evaluation 3	2'	2'30''	3'	IE 3	Lisa Liu	PM5
10:40	Speech Evaluation 4	2'	2'30''	3'	IE 4	Emma	PM2
<b>Session 3: Guests Introduction &amp; Break (10') 10:43-10:51</b>							
10:43	Guests Introduction	1'	2'	3'	VPM	Stephanie	TM
10:46	Break	3'	4'	5'	Timer	Lisa	PM5
<b>Session 4: Prepared speech Part II. (30') 10:52-11:48</b>							
10:52	#5. That is me	4'	5'	6'	Speaker 5	Francis	TM
10:59	#6. Better than Deliberate Practice	5'	6'	7'	Speaker 6	Emma Yan	PM2
11:07	#7. Cosplay	5'	6'	7'	Speaker 7	Sophia	PI
11:15	#8. A car accident	5'	6'	7'	Speaker 8	Lisa Liu	PM5
11:23	#9. YINYANG	5'	6'	7'	Speaker 9	Jasmine	PM2
11:31	Speech Evaluation 5	2'	2'30''	3'	IE 5	Vikki	PM1
11:35	Speech Evaluation 6	2'	2'30''	3'	IE 6	Peter	PM4
11:38	Speech Evaluation 7	2'	2'30''	3'	IE 7	XWS	PM5,MS5
11:41	Speech Evaluation 8	2'	2'30''	3'	IE 8	Helen	TM
11:45	Speech Evaluation 9	2'	2'30''	3'	IE 9	Joker	PM3
<b>Session 5: General Evaluation (18') 11:48-11:58</b>							
11:48	Timer's Report	1'	1'30''	2'	Timer	Lisa	PM5
11:50	GE's report	6'	7'	8'	GE	Peter	PM4
<b>Session 6: Voting &amp; Ending (10') 11:58-12:08</b>							
11:58	Voting & Summary	3'	4'	5'	TMD	Joker	PM3
12:03	Announcement & Ending	3'	4'	5'	President	Lisa Liu	PM5

Thanks photographer Emma Yan for leaving us wonderful moments 😊



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## Theme: speech marathon

### Speech Objectives:

1	Carol Li	PM2-3	The purpose of this project is to clearly define how Toastmasters envisions mentoring.
2	Maggie	PM5	The purpose is to reflect the pathway after finishing the whole pathway.
3	Selina	TM,L1-4	To practice applying speech evaluation feedback and serve as a speech evaluator during a club meeting.
4	Wu Zhong	DL2	To practice social speech in front of people.
5	Francis	TM	The purpose of this project is to introduce myself and let everyone know me better.
6	Emma Yan	PM2	To understand the types of persuasive speeches and deliver a persuasive speech at a club meeting.
7	Sophia	PI2-1	The purpose of this project is to identify your primary leaders style.
8	Lisa Liu	DL 1-4	To practice applying speech evaluation feedback and serve as a speech evaluator during a club meeting.
9	Jasmine	PM3-2	To practice using a story within a speech or giving a speech that is a story.

Time Rules	Green	Yellow	Red	Bell
for any session ≤3mins	1 min left	30 secs left	Time out	Extra 30 secs after red
for any session >3mins	2 mins left	1 min left	Time out	Extra 30 secs after red

### How to join Yu-life TMC Club?

- Attend meeting for 3 times.
- Deliver at least 1 Table Topic speech.
- Contact our VPM for application.
- Deliver 1 min entrance speech and pass the club vote.

### Contact our VPM



### When and Where to meet us?

Time: 9:40-12:08, Sunday, July 28<sup>th</sup>.

**Special attention! New address below**

Add: 沪闵路7250号友谊商城5楼万有幸福空间

### Club Officers Team 2024 H2

Officer Title	Name
President	Lisa Liu
Vice President Education	Emma Yan
Vice President Membership	Stephanie Zhang
Vice President Public Relations	Maggie Chen
Secretary	Selina Pan
Treasurer	Francis Ji
Sergeant At Arms	Yolanda Li
Key guide	Lao Xie

## 11 specialized learning Paths and 5 core competencies

### Five Core Competencies



There are more than 300 unique sub-competencies in Pathways that build on the five above.

### 11 Specialized Learning Paths

After taking an online assessment, you will be guided to the ideal path, based on your current goals. There are at least 14 projects in each path.

