

Shanghai Yu-life Toastmasters Club

Meeting No. 498 Date: Sept 1, 2024

Theme: Speech Contest



Yu-life Slogan:

Discover potential, shape ourselves



Entrance Fee:

¥ 0 /Yu-life & CAAS members ¥ 10/Students ¥ 20/TM members from other's club ¥ 30/Guests (Role taker excluded)



山南水北(**同)

Meeting Taboos:

Sex Politics Religion Low-Taste

Meeting Etiquettes:

No walking in/out
Cell phone in silent mode
Encourage everyone to bring their
own cups and we will serve hot
water.

Time	Content	Duration(min) Green Yellow Red			Role	Name				
Reception and Opening										
9:50	Warm up	5	6	7	SAA	Emma He				
9:57	President's Opening	2	2.5	3	President	Lisa Liu				
10:00	Contest and Timer Introduction									
10:00	Contest Chair's introduction	1	2	3	Contest Chair	Snow@CAAS				
10:03	Timer introduction	2	3	4	Timer	XWS				
10:07	Table Topics Contest									
10:08	Rule introduction	1	1.5	2	Contest Chair	Snow@CAAS				
10:11	Contestant 1	1	1.5	2	Speaker 1	Wuzhong				
10:14	Contestant 2	1	1.5	2	Speaker 2	Maggie				
10:17	Contestant 3	1	1.5	2	Speaker 3	Peter				
10:20	Contestant 4	1	1.5	2	Speaker 4	XWS				
10:23	Contestant 5	1	1.5	2	Speaker 5	Emma Yan				
10:26	中文演讲比赛									
10:27	免疫之战	5	6	7	参赛选手1	Peter				
10:35	请爱惜你的羽毛	5	6	7	参赛选手2	Emma				
10:43	意念	5	6	7	参赛选手3	Yolanda				
10:51	纸老虎	5	6	7	参赛选手4	Lisa Liu				
10:59	或许我错了	5	6	7	参赛选手5	Helen				
11:07	Guests' Talk & Group Photo & Break									
11:08	Guests' Talk	1	2	3	Guests	VPM				
11:12	Break	1	2	3	All	All				
11:16	English Prepared Speech contest									
11:17	Goodbye my friend	5	6	7	Speaker 1	Peter				
11:25	Communication makes life better	5	6	7	Speaker 3	Emma Yan				
11:33	Effective listening	5	6	7	Speaker 4	Wuzhong				
11:41	Be The One	5	6	7	Speaker 5	Joker				
11:49	My peak moment	5	6	7	Speaker 6	Lanlan				
	Evaluation									
11:50	Feedback to All Contestants	8	9	10	Evaluator	XWS				
	Voting & Ending									
12:00	Voting & Awarding			2	Contest Chair	Snow@CAAS				
12:05	Meeting Close		:	1	President	Lisa Liu				

Thanks photographer Sunny for leaving us wonderful moments ${\it @}$



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Time Rules	Green	Yellow	Red	Bell
TT Speaker, GE/Timer/Ah-counter/Grammarian Intro, IE etc. (for any session ≤3mins)	1 min left	30 secs left	Time out	Extra 30 secs after red card
Prepared Speech, Sharing Master, TTM,TTE/GE report etc. (for any session>3mins)	2 mins left	1 min left	Time out	Extra 30 secs after red card

How to join Yu-life TMC Club?

- Attend meeting for 3 times.
- Deliver at least 1 Table Topic speech.
- Contact our VPM for application.
- Deliver 1 min entrance speech and pass the club vote.

Contact our VPM



When and Where to meet us?

Time: 9:40-12:00, Every Sunday

Add: 沪闵路7388号百联南方购物中心 二区5楼 万有幸福空间书店 (1号线莲花路站)

Club Officers Team 2024 H2						
Officer Title	Name					
President	Lisa Liu					
Vice President Education	Emma Yan					
Vice President Membership	Stephanie Zhang					
Vice President Public Relations	Maggie Chen					
Secretary	Selina Pan					
Treasurer	Francis Ji					
Sergeant At Arms	Yolanda Li					
Key guide	Lao Xie					

11 specialized learning Paths and 5 core competencies

Five Core Competencies Public Interpersonal Strategic Confidence Management Speaking Communication Leadership There are more than 300 unique sub-competencies in Pathways that build on the five above. 11 Specialized Learning Paths After taking an online assessment, you will be guided to the ideal path, based on your current goals. There are at least 14 projects in each path. Dynamic Effective Engaging Innovative Leadership Leadership Coaching Humor Planning Development Motivational Persuasive Presentation Visionary Strategies Influence Mastery Relationships Collaboration Communication